

# TRANSCULTURAL PSYCHIATRIC OUTPATIENT SERVICE

## We provide advice and care to people of migrant background in their native language

- You reside in the regions of Mainz-Bingen, Alzey-Worms or Bad Kreuznach.
- You have experienced trauma in your homeland or on your way to escape.
- You are in a difficult situation in life in a country (still) foreign to you.
- You cannot communicate well but you need psychiatric help.
- You are not aware what possibilities there are for our health care system to support you.

## We would like to really understand you

We are working with experienced interpreters or have members of our staff who can speak

- English
- Russian
- Farsi
- Arabic (to mention just a few)

## What should you bring with you?

- Preferably a referral from a Specialist
- Statement from a Social Support Office for covering the cost



## **We can do the following for you**

- Information and Consultation
- Diagnostics
- Clearing appointments for preparation of further therapy interventions
- Introductory appointments with native speakers or with the assistance of an interpreter
- Renewal of a therapy that had already started in your homeland (in the case of Schizophrenia, for instance)
- Medications' treatment, including issue of prescriptions
- We offer face to face sessions or group therapy.

## **We are multi-professional**

Our team comprises doctors, medical care staff, social workers, psychologists and psychotherapists. We have long standing experience in working with people with psychological conditions as well as their families.

## **Our service is confidential**

You are safe with us. Your contact with us is treated with strict confidentiality. We follow the provisions of the law for doctor-patient confidentiality.

## **Working Hours**

Every Tuesday from 10 a.m. till 4 p.m.

Consultation by Appointment

Telephone (0 67 31) 50-13 84

